



Symbiosis Institute of Health Sciences, Pune
Bachelor of Science (Mental Health) - Honours/ Honours with Research
Programme Structure 2023-27

OBJECTIVE	<p>1.To understand the concept of mental health and mental illness using the bio-psycho-socio-cultural model.</p> <p>2.To identify signs and symptoms of mental illnesses across the developmental lifespan.</p> <p>3.To conduct a comprehensive assessment of individuals including history- taking, mental status examination and risk assessment.</p> <p>4.To explain different treatment modalities to empower clients and stakeholders to make an informed decision.</p> <p>5.To employ rehabilitation and recovery principles to integrate individuals with severe mental illness in the society.</p> <p>6.To manage crisis within the community including suicide prevention.</p> <p>7.To create advocacy in mental health which will help in de-stigmatization and early detection.</p> <p>8.To practice with a sound knowledge in ethical practices and existing legislation relating to mental health.</p> <p>9.To analyse current trends and conduct research in mental health.</p>				
DURATION (IN MONTHS)	48 (Full Time) With Multiple Entry and Multiple Exit Options				
INTAKE	40				
RESERVATION	I. Within the sanctioned intake	a) SC (In Percentage)	b) ST (In Percentage)	c) Differently abled (In Percentage)	d) Defence (In Percentage)
		15	7.5	3	0
	II. Over and above the sanctioned intake	a) Kashmiri Migrants (In Seats)		b) International Students (In Percentage)	
		2		20	

ELIGIBILITY	<p>Passed Standard XII (10+2) or equivalent examination from any recognised Board with a minimum of 50% marks or equivalent grade (45% Marks or equivalent grade for Scheduled Caste / Scheduled Tribes).</p> <p>Students who wish to opt for Honours with Research must earn a 7.5 CGPA and above at the end of Semester-6.</p> <p>Eligibility Criteria for the Multiple entries would be as per University's Lateral Entry Rules for FYUG Programmes.</p>				
SELECTION PROCEDURE	<p>1.12th passing marks, SOP, and Personal Interview.</p> <p>2.Selection Procedure for the Multiple Entry would be as per the University's Lateral Entry Rules for FYUG Programmes</p>				
MEDIUM OF INSTRUCTION	<p>English</p>				
PROGRAMME PATTERN	<p>Semester</p>				
COURSE & SPECIALIZATION	<p>As per Annexure A</p> <p>Offered Major Mental Health</p> <p>List of Minors Offered (Choose any one)</p> <ol style="list-style-type: none"> 1. Community Mental Health 2. Human Resource Management 				
FEE			Academic Fee p. a.	Institute Deposit	Total
	Indian Students (Amount in INR)		2,05,000	20,000	2,25,000
	International Students	NRI/ PIO/ OCI Category (Amount in US\$)	4,030	275	4,305
		Foreign National Category (Amount in US\$)	1,300	275	1575

	<p>Note - The exiting students will have to complete the additional 4 credit vocational course for the award of a Certificate/ Diploma by paying additional fees at the time of intimation of the exit. The additional fees of 4 credit vocational course will be informed in due course of time.</p>
<p>ASSESSMENT</p>	<p>The courses will have 40% Continuous Assessment and 60% Term End [University] examination however, some courses (not more than 30% of the total programme credits) may have 100% Continuous Assessment.</p>
<p>STANDARD OF PASSING</p>	<p>The assessment of the student for each examination is done based on relative performance. Maximum Grade Point (GP) is 10 corresponding to O (outstanding). For all courses, a student is required to pass both Continuous Assessment and Term End examinations separately with a minimum Grade Point of 4 corresponding to Grade P. Students securing less than 40% marks in any head of passing will be declared FAIL. The University awards a Certificate/Diploma/ Degree to the student who has achieved a minimum CGPA of 4 out of a maximum of 10 CGPA for the Programme.</p>
<p>AWARD OF DEGREE/ DIPLOMA/ CERTIFICATE</p>	<p>Bachelor of Science (Mental Health) - with the applicable Minor will be awarded at the end of the semester-6 by taking into consideration the performance of all semester examinations subject to obtaining a minimum of 4.00 CGPA out of 10 CGPA.</p> <p>Bachelor of Science (Mental Health) - Honours with the applicable Minor will be awarded at the end of the semester-8 by taking into consideration the performance of all semester examinations subject to obtaining a minimum 4.00 CGPA out of 10 CGPA.</p> <p>Bachelor of Science (Mental Health) - Honours with Research with the applicable Minor will be awarded at the end of the semester- 8 by taking into consideration the performance of all semester examinations subject to obtaining a minimum 4.00 CGPA out of 10 CGPA.</p>

CLASSIFICATION OF CREDITS AND NUMBER OF NON-CREDIT COURSES												
Semester	Major	Minor	Multi-disciplinary	Ability Enhancement	Skill Enhancement	Common Value Added	Summer Internship	Research Project / Dissertation	Total Credits	No. of Mandatory Non-Credit Course/s	No. of Non-Credit Audit Course/s	
1	8	2	3	2	3	3	0	0	21	1	As per the Student's Choice	
2	5	6	3	2	3	2	0	0	21	1		
3	8	4	3	2	3	2	0	0	22	1		
4	13	4	0	2	0	0	0	0	19	1		
5	13	3	0	0	0	0	4	0	20	1		
6	13	7	0	0	0	0	0	0	20	0		
Total	60	26	9	8	9	7	4	0	123			
Honours												
7	17	3	0	0	0	0	0	0	20	0		
8	11	3	0	0	0	0	0	6	20	0		
Total	88	32	9	8	9	7	4	6	163			
Honours with Research												
7	17	3	0	0	0	0	0	0	20	0		
8	5	3	0	0	0	0	0	12	20	0		
Total	82	32	9	8	9	7	4	12	163			

Missing Mandatory Non-Credit Courses is a requirement for the award of the degree.

Note- In the case of missing Catalogue Course Codes in Annexure A, the Course Codes will be incorporated in the revised programme structure subject to the approval of the respective course outlines from the Academic Council.

This Programme Structure is aligned with the norms laid down by the University and is approved by the Academic Council and Board of Management. Hereafter changes (if any) which conform to the policy on "Curriculum Development and Review" would be permissible, subject to revision of the Programme Structure, following the specified processes.

Director - Academics

12/09/2023 (00/05)



॥यसुधैव कुटुम्बकम्॥

SIU



Symbiosis Institute of Health Sciences, Pune
Bachelor of Science (Mental Health) - Honours/ Honours with Research
Programme Structure 2023-27

Annexure A

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
Semester - 1							
Major Courses							
TH4366	0401260101	Core Concepts of Mental Health		2	20	30	50
TH4524	0401260102	Psychological and Socio-Cultural Determinants of Mental Health I		2	20	30	50
TH4381	0401260103	Developmental Psychology		3	30	45	75
TH4527	0401260104	Practical for Specialization in Mental Health		1	25	0	25
Minor Course							
TH4568	0401260105	Self Care Management		2	20	30	50
Ability Enhancement Course							
T6096	0401260106	Creative Writing		2	20	30	50
Skill Enhancement Courses							
TH4503	0401260107	Personality Development for Allied health professional		3	30	45	75
Common Value-Added Course							
T6359	0401260108	Introduction to Culture &		3	30	45	75

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
		India					
Mandatory Non-Credit Course							
T4005	0401260109	Integrated Disaster Management		0	0	0	0
Multidisciplinary Course (Choose Any One Course from the University Basket of Multidisciplinary Courses given in Annexure B)							
-	-	MD1		3	75	0	75
Grand Total				21	270	255	525
Semester - 2							
Major Courses							
TH4361	0401260201	Biological Determinants of Mental Health		2	20	30	50
TH4525	0401260202	Psychological and Socio-Cultural Determinants of Mental Health II		2	20	30	50
TH4531	0401260203	Practical for Determinants of Mental Health		1	25	0	25
Minor Course							
TH4367	0401260204	Core Counselling Skills		3	30	45	75
T2273	0401260205	Emotional Intelligence for personal growth		3	30	45	75
Ability Enhancement Course							
T6098	0401260206	Introduction to Better Language Skills		2	20	30	50
Skill Enhancement Courses							

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
TH4494	0401260207	Soft Skills for Allied Health Professional		3	30	45	75
Common Value-Added Courses							
T3207	0401260208	Computer Fundamentals		2	50	0	50
Mandatory Non-Credit Courses							
TH4095	0401260209	Fitness for Life		0	0	0	0
Multidisciplinary Courses							
(Choose Any One Course from the University Basket of Multidisciplinary Courses given in Annexure B)							
-	-	MD2		3	75	0	75
Grand Total				21	300	225	525
Semester - 3							
Major Courses							
T6791	0401260301	Cognitive Psychology		4	40	60	100
	0401260302	Emergencies in Mental Health		3	30	45	75
TH4528	0401260303	Practical for Applied Strategies in Mental Health		1	25	0	25
Minor Course							
(Choose Any One of the Following Courses)							
TH4372	0401260304	Mental Health Advocacy	Community Mental Health	4	40	60	100
TM2015	0401260305	Human Resource Management	Human Resource Management	4	40	60	100
Total Required Credits				4	40	60	100
Ability Enhancement Courses							
(Choose any one course)							

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
T6399	0401260306	Basic Marathi I		2	20	30	50
T6397	0401260307	Basic Hindi I		2	20	30	50
T6523	0401260308	Basic French I		2	20	30	50
Total Required Credits				2	20	30	50
Common Value-Added Course							
TM2005	0401260309	Environmental Studies: Our Common Earth		2	50	0	50
Skill Enhancement Course							
T2345	0401260310	Group Entrepreneurship and Self Help Groups		3	30	45	75
Mandatory Non-Credit Course							
TH4535	0401260311	Emotional Well-being		0	0	0	0
Multidisciplinary Courses							
(Choose Any One Course from the University Basket of Multidisciplinary Courses given in Annexure B)							
-	-	MD3		3	75	0	75
Grand Total				22	280	270	550
Semester - 4							
Major Courses							
TH4376	0401260401	Psychopathology I		4	40	60	100
TH4379	0401260402	Substance and Behavioural Addictions		4	40	60	100
TH4566	0401260403	Positive Psychology		2	20	30	50
TH4529	0401260404	Practical for Psychometrics in Mental Health		1	25	0	25

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
T8000	0401260405	Service Learning		2	50	0	50
Minor Course (Choose Any One of the Following Courses)							
T6898	0401260406	Global Mental Health	Community Mental Health	4	40	60	100
T2292	0401260407	HRD Instruments	Human Resource Management	4	40	60	100
Total Required Credits				4	40	60	100
Ability Enhancement Course							
T6098	0401260408	Introduction to Better Language Skills		2	20	30	50
Grand Total				19	235	240	475
Mandatory Non-Credit Course							
	0401260409	Vasudhaiva Kutumbakam		0	0	0	0
Semester - 5							
Major Courses							
TH4362	0401260501	Child and Adolescent Mental Health		3	30	45	75
TH4370	0401260502	Geriatric Mental Health		2	20	30	50
TH4377	0401260503	Psychopathology II		3	30	45	75
TH4371	0401260504	History taking in Mental Health		4	40	60	100
TH4530	0401260505	Practical for Fundamentals in Mental Health		1	25	0	25

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
Minor Course (Choose Any One of the Following Courses)							
TH4521	0401260506	Yoga and mental health	Community Mental Health	3	30	45	75
T2268	0401260507	Training and Development	Human Resource Management	3	30	45	75
Total Required Credits				3	30	45	75
Summer Internship							
T4904	0401260508	Internship		4	100	0	100
Mandatory Non-Credit Course							
T2883	0401260509	Core Environmental Studies		0	0	0	0
Grand Total				20	275	225	500
Semester - 6							
Major Courses							
T2733	0401260601	Research Methodology I		4	40	60	100
TH4360	0401260602	Assessment of Mental Health		4	40	60	100
TH4522	0401260603	Health Psychology		4	40	60	100
TH4532	0401260604	Practical for Domains of Mental Health		1	25	0	25
Minor Courses							
	0401260605	Emerging Trends in Mental Health	Minor	3	30	45	75
Minor Courses							

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
(Choose Any One Course from the Following Courses)							
TH4365	0401260606	Community Mental Health Care	Community Mental Health	4	40	60	100
	0401260607	Industrial Psychology	Human Resource Management	4	40	60	100
Total Required Credits				4	40	60	100
Grand Total				20	215	285	500

Note: Students exiting at the end of the sixth semester and earning 123 credits will be awarded a "Bachelor of Science (Mental Health)" degree. Total Credits at the end of the Third year (Major 60, Minor 26, Multidisciplinary 9, Ability Enhancement Courses 8, Skill Enhancement Courses 9, Summer Internship 4, Common Value-Added Courses 7).

Semester - 7

(Honours/ Honours with Research)

Major Courses

TH2734	0401260701	Research Methodology II		4	40	60	100
TH2842	0401260702	Statistics for research		3	30	45	75
TH4460	0401260703	Comprehensive Management Plans in Mental Health		3	30	45	75
TH4378	0401260704	Recovery and Rehabilitation in Mental Health		4	40	60	100
TH4461	0401260705	Modalities of Intervention in Mental Health		2	20	30	50
TH4533	0401260706	Practical for Components of Mental Health		1	25	0	25

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
Minor Courses (Choose Any One from the Following Courses)							
	0401260707	Introduction to social work	Community Mental Health	3	30	45	75
T2279	0401260708	Organizational Behaviour	Human Resource Management	3	30	45	75
Total Required Credits				3	30	45	75
Grand Total				20	215	285	500
Semester - 8							
(Honours)							
Major Courses							
TH4369	0401260801	Ethics and Legalities in Mental Health		2	20	30	50
TH4534	0401260802	Practical for Facets in Mental Health		1	25	0	25
TH4220	0401260803	Foundation of Sport and Exercise Psychology		3	30	45	75
T4703	0401260804	Dissertation		3	75	0	75
Major Courses (Choose Any One from the following Courses)							
TH4567	0401260805	Clinical Psychology		2	20	30	50
TH4526	0401260806	Counseling Psychology		2	20	30	50
	0401260807	Criminal & Forensic Psychology		2	20	30	50
Total Required Credits				2	20	30	50
Minor Courses (Choose Any One from the Following Courses)							

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
T1664	0401260808	Mental Health in India	Community Mental Health	3	30	45	75
T2274	0401260809	Performance Management System	Human Resource Management	3	30	45	75
Total Required Credits				3	30	45	75
Research Project							
T4806	0401260810	Research Project		6	150	0	150
(Honours with Research)							
Major Courses							
TH4369	0401260801	Ethics and Legalities in Mental Health		2	20	30	50
TH4534	0401260802	Practical for Facets in Mental Health		1	25	0	25
Major Courses (Choose Any One from the following Courses)							
TH4567	0401260805	Clinical Psychology		2	20	30	50
TH4526	0401260806	Counseling Psychology		2	20	30	50
	0401260807	Criminal & Forensic Psychology		2	20	30	50
Total Required Credits				2	20	30	50
Minor Courses (Choose Any One from the Following Courses)							
T1664	0401260808	Mental Health in India	Community Mental Health	3	30	45	75
T2274	0401260809	Performance Management System	Human Resource Management	3	30	45	75
Total Required Credits				3	30	45	75
Research Project							

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
T4812	0401260811	Research Project		12	300	0	300
Grand Total				20	380	120	500

Note: Total Credits at the end of Fourth year 161 (Major 82, Minor 32, Multidisciplinary 9, Ability Enhancement Courses 8, Skill Enhancement Courses 9, Summer Internship 4, Research Project 12, Common Value-Added Courses 7).

Minor Courses							
				2	30	30	20
	0401260803	Statistics & Research		3	30	30	20
T4829	0401260804	Computer Applications		3	30	30	20
T4831	0401260802	English Language		3	30	30	20
(Choose any one from the following courses)							
Major Courses							
T4824	0401260805	Major Paper		3	32	0	32
T4830	0401260807	Major Paper		3	30	30	20
Major Courses							
T4808	0401260810	Research Project		6	120	0	120
Research Project							
T5139	0401260806	Multidisciplinary		3	30	42	32
T5138	0401260809	Minor Paper		3	30	42	32





Symbiosis Institute of Health Sciences, Pune
Bachelor of Science (Mental Health) - Honours/ Honours with Research
Programme Structure 2023-27

SUMMARY

Semester	100% Continuous Assessment Credits	Term End (University) Examination Credits	Total Credits	Total Marks
1	4	17	21	525
2	6	15	21	525
3	6	16	22	550
4	3	16	19	475
5	5	15	20	500
6	1	19	20	500
Total	25	98	123	3075
Honours				
7	1	19	20	500
8	10	10	20	500
Total	36	127	163	4075
Honours with Research				
7	1	19	20	500
8	13	7	20	500
Total	39	124	163	4075



Symbiosis Institute of Health Sciences, Pune
Bachelor of Science (Mental Health) - Honours/ Honours with Research
Programme Structure 2023-27

Annexure B

List of Multidisciplinary Courses

S. No.	Catalogue Course Code	Course Code			Course Title	Credit
		Semester 1	Semester 2	Semester 3		
1	T3757	0401260110	0401260210	0401260312	Applications of Spreadsheets in Business Statistics	3
2	T1454	0401260111	0401260211	0401260313	Constitutional Law	3
3	T2119	0401260112	0401260212	0401260314	Consumer Behavior and Insights	3
4	TH4542	0401260113	0401260213	0401260315	Dancercise	3
5	T3499	0401260114	0401260214	0401260316	Data Analysis Using Python	3
6	TH4541	0401260115	0401260215	0401260317	Data Analytics in Sports	3
7	T5787	0401260116	0401260216	0401260318	Digital Design Tools - Visual Media	3
8	TH4539	0401260117	0401260217	0401260319	Fitness and Sports	3
9	T2467	0401260118	0401260218	0401260320	Fundamentals of Brand Management	3
10	T3754	0401260119	0401260219	0401260321	Fundamentals of Cloud Computing	3
11	TE7456	0401260120	0401260220	0401260322	Fundamentals of Cyber Security	3
12	TM2055	0401260121	0401260221	0401260323	Fundamentals of Marketing Research	3
13	THM6023	0401260122	0401260222	0401260324	Games of Uncertainty	3
14	T4729	0401260123	0401260223	0401260325	Intellectual Property Rights	3
15	T1471	0401260124	0401260224	0401260326	Law of Contracts	3
16	TE7680	0401260125	0401260225	0401260327	Mathematics-I	3
17	T5953	0401260126	0401260226	0401260328	Public Relations and Corporate Communication	3
18	T2489	0401260127	0401260227	0401260329	Renewable Energy Sources	3

19	TH4540	0401260128	0401260228	0401260330	Self Defence	3
20	TE7223	0401260129	0401260229	0401260331	Smart Urban Planning	3
21	T2701	0401260130	0401260230	0401260332	Social Entrepreneurship	3
22	T3741	0401260131	0401260231	0401260333	Web Development using CMS	3
23	TH4538	0401260132	0401260232	0401260334	Weight Training and Conditioning	3
24	TH4537	0401260133	0401260233	0401260335	Well for Life	3
25	TH4536	0401260134	0401260234	0401260336	Yoga and Stress Management	3
26	TH4363	0401260135	0401260235	0401260337	Cognitive Psychology	3
27	T6767	0401260136	0401260236	0401260338	Public Policy in India	3
28	T6769	0401260137	0401260237	0401260339	India's Foreign Policy	3
29	TE7689	0401260138	0401260238	0401260340	Statistics and Probability	3



Director - Academics
Symbiosis International (Deemed University)
Gram-Lavale, Dist-Pune-412 115.

