

Symbiosis Institute of Health Sciences, Pune
Bachelor of Science (Mental Health) Honours/ Honours with Research
Programme Structure 2023-27

1.	OBJECTIVE	<ol style="list-style-type: none"> 1. To understand the concept of mental health and mental illness using the bio-psycho-socio-cultural model. 2. To identify signs and symptoms of mental illnesses across the developmental lifespan. 3. To conduct a comprehensive assessment of individuals including history- taking, mental status examination and risk assessment. 4. To explain different treatment modalities to empower clients and stakeholders to make an informed decision. 5. To employ rehabilitation and recovery principles to integrate individuals with severe mental illness in the society. 6. To manage crisis within the community including suicide prevention. 7. To create advocacy in mental health which will help in de-stigmatization and early detection. 8. To practice with a sound knowledge in ethical practices and existing legislation relating to mental health. 9. To analyse current trends and conduct research in mental health. 			
2.	DURATION (IN MONTHS)	48 (Full Time) With Multiple Entry and Multiple Exit Option			
3.	INTAKE	40			
4.	RESERVATION	I. Within the sanctioned intake	a) SC (In Percentage)	b) ST (In Percentage)	c) Differently abled (In Percentage)
			15	7.5	3
		II. Over and above the sanctioned intake	a) Kashmiri Migrants (In Seats)	b) International Students (In Percentage)	
			2	15	
5.	ELIGIBILITY	Passed Standard XII (10+2) or equivalent examination from any recognized Board with a minimum of 50% marks or equivalent grade (45% Marks or equivalent grade for Scheduled Caste / Scheduled Tribes).			

		Students who wish to opt for Honours with Research must earn 7.5 CGPA and above at the end of Semester-6 Eligibility Criteria for the Multiple entries would be as per University's Lateral Entry Rules for FYUG Programmes			
6.	SELECTION PROCEDURE	12th passing marks, SOP, and interview. Selection Procedure for the Multiple Entry would be as per the University's Lateral Entry Rules for FYUG Programmes			
7.	MEDIUM OF INSTRUCTION	English			
8.	PROGRAMME PATTERN	Semester			
9.	COURSE & SPECIALIZATION	The details of the courses are given in Annexure A. Offered Major- Mental Health List of Minors Offered- Community Mental Health Human Resource Management			
10.	FEE		Academic Fee p.a	Institute Deposit	Total
		Indian Students			
		International Students (USD equivalent to INR)			
11.	ASSESSMENT	All internal courses will have 100% component as internal evaluation at the institute level. All external courses will have 40% internal component and 60% external component [University] examination.			

12.	STANDARD OF PASSING	The assessment of the student for each examination is done, based on relative performance. Maximum Grade Point (GP) is 10 corresponding to O (Outstanding). For all courses, a student is required to pass both internal and external examination separately with a minimum Grade Point of 4 corresponding to Grade P. Students securing less than 40% absolute marks in each head of passing will be declared FAIL. The University awards a degree to the student who has achieved a minimum CGPA of 4 out of maximum of 10 CGPA for the programme.
13.	AWARD OF DEGREE/ DIPLOMA/ CERTIFICATE	<p>Bachelor of Science (Mental Health) with the applicable Minor will be awarded at the end of semester VI by taking into consideration the performance of all semester examinations after obtaining minimum 4.00 CGPA out of 10 CGPA.</p> <p>Bachelor of Science (Mental Health) Honours with the applicable Minor will be awarded at the end of semester VIII by taking into consideration the performance of all semester examinations after obtaining minimum 4.00 CGPA out of 10 CGPA.</p> <p>Bachelor of Science (Mental Health) Honours with Research with the applicable Minor will be awarded at the end of semester VIII by taking into consideration the performance of all semester examinations after obtaining minimum 4.00 CGPA out of 10 CGPA.</p>

14										
Category-wise Distribution of the Credits across the Programme										
Semester	Major	Minor	Multi-disciplinary	Ability Enhancement	Skill Enhancement	Value Added	Summer Internship	Research Project / Dissertation	Non-letter Grade Mandatory	Total Credits
I	8	2	3	2	2	3	0	0		20
II	5	6	3	2	2	2	0	0		20
III	4	8	3	2	2	1	0	0		20
IV	11	4	0	2	3	0	0	0		20
V	13	3	0	0	0	0	4	0		20
VI	17	3	0	0	0	0	0	0		20
VII	17	3	0	0	0	0	0	0		20
VIII	5	3	0	0	0	0	0	12		20
Total	80	32	9	8	9	6	4	12	0	160
The students exiting the programme after semester-II and semester-IV should complete one 4-credit vocational course in the summer to obtain the Certificate/Diploma.										
* Satisfactory completion of the non-letter grade courses 'Vasudhaiv Kutumbkam-1 Credit, 'Core Environmental Studies -2 Credits, 'Fitness for Life'-1 Credit, 'Emotional Wellbeing- 1 Credit and 'Integrated Disaster Management- 1 Credit is mandatory for the award of degree.										

Annexure A

Semester: I					
Course Title	Major / Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Core Concepts in Mental Health	Major	2	20	30	50
Psycho Socio-Cultural Determinants of Mental Health I	Major	2	20	30	50
Developmental Psychology	Major	3	30	45	75
Practical	Major	1	0	25	25
Major Courses- Students to Choose ANY ONE					
Minor Courses- Compulsory					
Self-care management	Minor	2	20	30	50
Minor Courses- Choose ANY ONE (cannot be the same as Major specialization)					
Multidisciplinary Courses - (To choose from SIU Basket)					
Foundation of Sport and Exercise psychology		3	30	45	75
Ability Enhancement Course- Compulsory/ Choose any one/two – whichever is applicable					
Creative Writing		2	20	30	50
Skill Enhancement Course- Compulsory/ Choose any one/two – whichever is applicable					
Personality Development for Allied health professional		2	20	30	50
Common Value-Added Courses (To choose from SIU Basket)					
Introduction to Culture & India		3	30	45	75
Total		20	190	310	500
Notes:					

Semester: II					
Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Biological Determinants of Mental Health,	Major	2	20	30	50
Psycho Socio-Cultural Determinants of Mental Health II	Major	2	20	30	50
Practical	Major	1	0	25	25
Major Courses- Students to Choose ANY ONE					
Minor Course- Compulsory					
Core Counseling Skills	Minor	3	30	45	75
Emotional Quotient for personal growth	Minor	3	30	45	75
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Multidisciplinary Courses - (To choose from SIU Basket)					
Public administration / Public policy in India		3	30	45	75
Ability Enhancement Course- Compulsory/ Choose any one/two – whichever is applicable					
Basic Marathi/Hindi/ English		2	20	30	50
Skill Enhancement Course- Compulsory/ Choose any one/two – whichever is applicable					
Soft Skills for Allied health professional		2	20	30	50
Common Value-Added Courses (To choose from SIU Basket)					
Computer Fundamental		2	20	30	50
Total		20	190	310	500
Vocational Courses (Summer): Only for students who wish to exit after the First Year with a Certificate					
Total					
Notes: 1 Observer ship after the completion of 2nd semester					

Semester: III					
Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Cognitive Psychology	Major	3	30	45	75
Emergencies in Mental Health	Major	3	30	45	75
Practical	Major	2	0	50	50
Major Courses- Students to Choose ANY ONE					
Minor Course- Compulsory					
Mental Health Advocacy	Minor	4	40	60	100
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Multidisciplinary Courses - (To choose from SIU Basket)					
Social Entrepreneurship		3	30	45	75
Ability Enhancement Course- Compulsory/ Choose any one/two – whichever is applicable					
Basic French /German		2	20	30	50
Skill Enhancement Course- Compulsory/ Choose any one/two – whichever is applicable					
Critical thinking and problem solving skills		2	20	30	50
Common Value-Added Courses (To choose from SIU Basket)					
Core Environmental Studies		1	25	0	25
Total		20	195	305	500
Notes:					

Semester: IV					
Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Psychopathology - I,	Major	4	40	60	100
Substance and Behavioral Addictions	Major	4	40	60	100
Positive Psychology	Major	2	20	30	50
Practical	Major	1	0	25	25
Major Courses- Students to Choose ANY ONE					
Minor Course- Compulsory					
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Global mental health	core	4	40	60	100
Multidisciplinary Courses - (To choose from SIU Basket)					
Ability Enhancement Course- Compulsory/ Choose any one/two – whichever is applicable					
Introduction to better language skill	Core	2	20	30	50
Skill Enhancement Course- Compulsory/ Choose any one/two – whichever is applicable					
Group Entrepreneurship and Self Help Groups	core	3	30	45	75
Common Value-Added Courses (To choose from SIU Basket)					
Total					
Vocational Courses (Summer): Only for students who wish to exit after the Second Year with a Diploma					
Total					
		20	190	310	500
Notes: 1 Observer ship after the completion of 4th semester					

Semester: V					
Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Child and Adolescent Mental Health	Major	3	30	45	75
Geriatric Mental Health	Major	2	20	30	50
Psychopathology – II	Major	3	30	45	75
History taking in Mental Health, Practical	Major	4	40	60	100
Internship	Major	1	0	25	25
		4	40	60	100
Major Courses- Students to Choose ANY ONE					
Minor Course- Compulsory					
Yoga and mental health		3	30	45	75
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Total		20	190	310	500
Notes: 1 Observer ship after the completion of 5th semester					

Semester: VI

Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Research Methodology - I,	Major	4	40	60	100
Assessment of Mental Health	Major	4	40	60	100
Health Psychology	Major	4	40	60	100
Practical	Major	1	0	25	25
Major Courses- Students to Choose ANY ONE					
Minor Course- Compulsory					
Emerging trends in Mental health	Minor	3	30	45	75
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Fundamentals of Human Resource Management/HR (4) / Community Mental Health Care, Collaborative Case Management / CM (2+2)	Minor	4	40	60	100
Total		20	190	310	500
Notes: 1 Observer ship after the completion of 6th semester					

Semester: VII (Honours)

Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Research Methodology - II	Major	4	40	60	100
Statistics for research	Major	3	30	45	75
Comprehensive Management Plans in Mental Health	Major	3	30	45	75
Recovery and Rehabilitation in Mental Health	Major	4	40	60	100
Modalities of Intervention in Mental Health	Major	2	20	30	50
Practical	Major	1	0	25	25
Major Courses- Students to Choose ANY ONE					
Minor Course- Compulsory					
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Introduction to social work/ Organizational Behavior	core	3	30	45	75
Total		20	190	310	500
Notes:					

Semester: VIII (Honours)

Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Ethics and Legalities in Mental Health,	Major	2	20	30	50
Practical	Major	1	0	25	25
Major Courses- Students to Choose ANY ONE					
Specialization: Clinical or Counseling, or Criminal & Forensic	Major	2	20	30	50
Minor Course- Compulsory					
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Consumer behavior/mental health in India	Minor	3	30	45	75
Research Project/ Dissertation					
Research Project	Major	12	50	250	300
	Total	20	120	380	
Notes:					

Semester: VII (Honours with Research)

Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Research Methodology - II	Major	4	40	60	100
Statistics for research	Major	3	30	45	75
Comprehensive Management Plans in Mental Health	Major	3	30	45	75
Recovery and Rehabilitation in Mental Health	Major	4	40	60	100
Modalities of Intervention in Mental Health	Major	2	20	30	50
Practical	Major	1	0	25	25
Major Courses- Students to Choose ANY ONE					
Minor Course- Compulsory					
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Introduction to social work/ Organizational Behavior	core	3	30	45	75
Total		20	190	310	500
Notes:					

Semester: VIII (Honours with Research)

Course Title	Major/ Minor	Credits	Internal Marks	External Marks	Total Marks
Discipline-Specific Courses/Major Courses- Compulsory					
Ethics and Legalities in Mental Health,	Major	2	20	30	50
Practical	Major	1	0	25	25
Major Courses- Students to Choose ANY ONE					
Specialization: Clinical or Counseling, or Criminal & Forensic	Major	2	20	30	50
Minor Course- Compulsory					
Minor Courses- Choose any one (cannot be the same as Major specialization)					
Consumer behavior / Mental Health in India	Minor	3	30	45	75
Research Project/ Dissertation					
Dissertation	Major	12	50	250	300
Total			120	380	500
Notes:					

*** Subject to Change**