



Symbiosis Institute of Health Sciences, Pune
Bachelor of Science (Behavioural Health Sciences) Honours/ Honours with Research
Programme Structure 2025-29

1.	OBJECTIVES	<ol style="list-style-type: none"> To understand the concept of behavioural health and mental illness using the bio-psycho-socio-cultural model. To identify signs and symptoms of mental illnesses across the developmental lifespan. To conduct a comprehensive assessment of individuals including history- taking, mental status examination and risk assessment. To explain different treatment modalities to empower clients and stakeholders to make an informed decision. To employ rehabilitation and recovery principles to integrate individuals with severe mental illness in the society. To manage crisis within the community including suicide prevention. To create advocacy in mental health which will help in de-stigmatization and early detection. To practice with a sound knowledge in ethical practices and existing legislation relating to behavioural health. To analyse current trends and conduct research in behavioural health sciences. 				
2.	DURATION (IN MONTHS)	48 (Full Time) With Multiple Entry and Multiple Exit Options				
3.	INTAKE	40				
4.	RESERVATION	I. Within the sanctioned intake	a) SC (In Percentage)	b) ST (In Percentage)	c) Differently abled (In Percentage)	d) Defence (In Percentage)
			15	7.5	3	0
		II. Over and above the sanctioned intake	a) Kashmiri Migrants (In Seats)		b) International Students (In Percentage)	
			2		20	

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5.	ELIGIBILITY	Passed Standard XII (10+2) or equivalent examination from any recognised Board with a minimum of 50% marks or equivalent grade (45% Marks or equivalent grade for Scheduled Caste / Scheduled Tribes). Students who wish to opt for Honours with Research must earn a 7.5 CGPA and above at the end of Semester-6. Eligibility Criteria for the Multiple entries would be as per University’s Lateral Entry Rules for FYUG Programmes.				
6.	SELECTION PROCEDURE	1.12th passing marks, SOP, and Personal Interview. 2.Selection Procedure for the Multiple Entry would be as per the University’s Lateral Entry Rules for FYUG Programmes				
7.	MEDIUM OF INSTRUCTION	English				
8.	PROGRAMME PATTERN	Semester				
9.	COURSE & SPECIALIZATION	As per Annexure A Offered Major Behavioural Health Sciences List of Minors Offered (Choose any one) 1. Community Mental Health 2. Human Resource Management				
10.	FEE			Academic Fee p. a.	Institute Deposit	Total
		Indian Students (Amount in INR)				
		International Students	NRI/ PIO/ OCI Category (Amount in US\$)			
			Foreign National Category (Amount in US\$)			
	Note - The exiting students will have to complete the additional 4 credit vocational course for the award of a Certificate/ Diploma by paying additional fees at the time of intimation of the exit. The additional fees of 4 credit vocational course will be informed in due course of time.					

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11.	ASSESSMENT	The courses will have 40% Continuous Assessment and 60% Term End [University] examination however, some courses (not more than 30% of the total programme credits) may have 100% Continuous Assessment.
12.	STANDARD OF PASSING	The assessment of the student for each examination is done based on relative performance. Maximum Grade Point (GP) is 10 corresponding to O (outstanding). For all courses, a student is required to pass both Continuous Assessment and Term End examinations separately with a minimum Grade Point of 4 corresponding to Grade P. Students securing less than 40% marks in any head of passing will be declared FAIL. The University awards a Certificate/Diploma/ Degree to the student who has achieved a minimum CGPA of 4 out of a maximum of 10 CGPA for the Programme.
13.	AWARD OF DEGREE/ DIPLOMA/ CERTIFICATE	<p>Bachelor of Science (Behavioural Health Sciences) with the applicable Minor will be awarded at the end of the semester-6 by taking into consideration the performance of all semester examinations subject to obtaining a minimum of 4.00 CGPA out of 10 CGPA.</p> <p>Bachelor of Science (Behavioural Health Sciences) Honours with the applicable Minor will be awarded at the end of the semester-8 by taking into consideration the performance of all semester examinations subject to obtaining a minimum 4.00 CGPA out of 10 CGPA.</p> <p>Bachelor of Science (Behavioural Health Sciences) Honours with Research with the applicable Minor will be awarded at the end of the semester- 8 by taking into consideration the performance of all semester examinations subject to obtaining a minimum 4.00 CGPA out of 10 CGPA.</p>

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14.	CLASSIFICATION OF CREDITS AND NUMBER OF NON-CREDIT COURSES										
Semester	Major	Minor	Multi-disciplinary	Ability Enhancement	Skill Enhancement	Common Value Added	Summer Internship	Research Project / Dissertation	Total Credits	No. of Mandatory Non-Credit Course/s	No. of Non-Credit Audit Course/s
1											As per the Student's Choice
2											
3											
4											
5											
6											
Total											
Honours											
7											
8											
Total											
Honours with Research											
7											
8											
Total											
Passing Mandatory Non-Credit Courses is a requirement for the award of the degree.											

Note- In the case of missing Catalogue Course Codes in Annexure A, the Course Codes will be incorporated in the revised programme structure subject to the approval of the respective course outlines from the Academic Council.



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Annexure A

Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
Semester - 1							
Major Courses							
New	New	Foundations of Behavioral Health Sciences		4	60	40	100
TH4366	0401260101	Core Concepts of Mental Health		2	30	20	50
TH4524	0401260102	Psychological and Socio-Cultural Determinants of Mental Health I		2	30	20	50
TH4527	0401260104	Practical for Specialization in Mental Health		1	25	0	25
Minor Course							
TH4568	0401260105	Self Care Management		2	30	20	50
Ability Enhancement Course							
T6096	0401260106	Creative Writing		2	30	20	50
Skill Enhancement Courses							
TH4503	0401260107	Personality Development for Allied health professionals		3	45	30	75
Common Value-Added Course							

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
T6359	0401260108	Introduction to Culture & India		3	45	30	75
Grand Total				19	295	180	475
Semester – 2							
Major Courses							
TH4361	0401260201	Biological Determinants of Mental Health		2	30	20	50
TH4525	0401260202	Psychological and Socio-Cultural Determinants of Mental Health II		2	30	20	50
TH4531	0401260203	Practical for Determinants of Mental Health		1	25	0	25
Minor Course							
TH4367	0401260204	Core Counselling Skills		3	45	30	75
T2273	0401260205	Emotional Intelligence for personal growth		3	45	30	75
Ability Enhancement Course							
T6098	0401260206	Introduction to Better Language Skills		2	30	20	50
Skill Enhancement Courses							
TH4494	0401260207	Soft Skills for Allied Health Professionals		3	45	30	75
Common Value-Added Courses							
T3238		Human-Computer Interaction		2	50	0	50

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
Multidisciplinary Courses (Choose Any One Course from the University Basket of Multidisciplinary Courses given in Annexure B)							
-	-	MD1		3	75	0	75
Grand Total				21	375	150	525
Semester – 3							
Major Courses							
T6791	0401260301	Cognitive Psychology		4	60	40	100
TH4710	0401260302	Emergencies in Mental Health		3	45	30	75
TH4528	0401260303	Practical for Applied Strategies in Mental Health		1	25	0	25
Minor Course (Choose Any One of the Following Courses)							
TH4372	0401260304	Mental Health Advocacy	Community Mental Health	4	60	40	100
TM2015	0401260305	Human Resource Management	Human Resource Management	4	60	40	100
Total Required Credits				4	60	40	100
Ability Enhancement Courses (Choose any one course)							
T6674	0401260306	Basic Japanese I		2	30	20	50
T6016	0401260307	Basic Spanish I		2	30	20	50
Total Required Credits				2	30	20	50
Skill Enhancement Course							

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
T2345	0401260308	Group Entrepreneurship and Self Help Groups		3	45	30	75
Common Value-Added Course							
TM2005	0401260309	Environmental Studies: Our Common Earth		2	50	0	50
Mandatory Non-Credit Course							
TH4788	0401260310	Health and Wellness Module I		0	0	0	0
Multidisciplinary Courses (Choose Any One Course from the University Basket of Multidisciplinary Courses given in Annexure B)							
-	-	MD2		3	75	0	75
Grand Total				22	390	160	550
Semester – 4							
Major Courses							
TH4371	0401260504	History Taking in Mental Health		2	30	20	50
TH4379	0401260402	Substance and Behavioural Addictions		4	60	40	100
TH4529	0401260403	Practical for Psychometrics in Mental Health		1	25	0	25
T8000	0401260404	Service Learning		2	50	0	50
Minor Course (Choose Any One of the Following Courses)							
T6898	0401260405	Global Mental Health	Community Mental Health	4	60	40	100
T2292	0401260406	HRD Instruments	Human	4	60	40	100

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
			Resource Management				
Total Required Credits				4	60	40	100
Ability Enhancement Course							
T60521	0401260407	Basic German I		2	30	20	50
T6523	0401260408	Basic French I		2	30	20	50
Mandatory Non-Credit Course							
TH4789	0401260409	Health and Wellness Module II		0	0	0	0
Multidisciplinary Courses (Choose Any One Course from the University Basket of Multidisciplinary Courses given in Annexure B)							
-	-	MD3		3	75	0	75
Grand Total				20	360	140	500
Semester - 5							
Major Courses							
New	New	Child and Adolescent Mental Health		2	30	20	50
TH4370	0401260502	Geriatric Mental Health		2	30	20	50
TH4376	0401260401	Psychopathology I		4	60	40	100
TH4530	0401260505	Practical for Fundamentals in Mental Health		1	25	0	25
TH4566	0401260105	Positive Psychology		2	30	20	50
TH4381	0401260103	Developmental Psychology		3	45	30	75

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
Minor Course (Choose Any One of the Following Courses)							
TH4521	0401260506	Yoga and mental health	Community Mental Health	3	45	30	75
T2268	0401260507	Training and Development	Human Resource Management	3	45	30	75
Total Required Credits				3	45	30	75
Mandatory Non-Credit Course							
SMC001	0401260508	Vasudhaiva Kutumbakam		0	0	0	0
Summer Internship							
T4904	0401260509	Internship		4	100	0	100
Grand Total				21	365	160	525
Semester – 6							
Major Courses							
T2733	0401260601	Research Methodology in Behavioural Sciences I		4	60	40	100
TH4360	0401260602	Assessment of Mental Health		4	60	40	100
New	New	Introduction to Health Psychology		2	30	20	50
TH4532	0401260604	Practical for Domains of Mental Health		1	25	0	25
New	New	Introduction to Counselling Psychology		2	30	20	50
New	New	Psychopathology II		2	30	20	50

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
	0401260605	Emerging Trends in Mental Health		3	45	30	75
Minor Courses (Choose Any One Course from the Following Courses)							
F0004	0401260606	Flexi Credit Course	Community Mental Health	4	100	0	100
F0004	0401260607	Flexi Credit Course	Human Resource Management	4	100	0	100
Total Required Credits				4	100	0	100
Mandatory Non-Credit Course							
SMC002	0401260608	Core Environmental Studies		0	0	0	0
Grand Total				22	410	140	550
Note: Students exiting at the end of the sixth semester and earning 123 credits will be awarded a "Bachelor of Science (Mental Health)" degree. Total Credits at the end of the Third year (Major 60, Minor 26, Multidisciplinary 9, Ability Enhancement Courses 8, Skill Enhancement Courses 9, Summer Internship 4, Common Value-Added Courses 7).							
Semester – 7							
(Honours/ Honours with Research)							
Major Courses							
T2734	0401230701	Research Methodology in Behavioural Sciences II		4	60	40	100
T2842	0401230702	Applied statistics in Behavioural Sciences		3	45	30	75
TH4460	0401230703	Comprehensive Management Plans in Mental Health		3	45	30	75

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
New	New	Recovery and Rehabilitation in Mental Health		2	30	20	50
TH4461	0401230705	Modalities of Intervention in Mental Health		2	30	20	50
TH4533	0401230706	Practical for Components of Mental Health		1	25	0	25
New	New	Introduction to Clinical Psychology		2	30	20	50
New	New	Introduction to Forensic Psychology and Criminology		2	30	20	50
Minor Courses (Choose Any One from the Following Courses)							
F0003	0401230707	Flexi-credit course	Community Mental Health	3	45	30	75
T2279	0401230708	Organizational Behaviour	Human Resource Management	3	45	30	75
Total Required Credits				3	45	30	75
Grand Total				22	340	210	550
Semester – 8							
(Honours)							
Major Courses							
TH4369	0401230801	Ethics and Legalities in Mental Health		2	30	20	50

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
TH4534	401230802	Practical for Facets in Mental Health		1	25	0	25
TH4220	401230803	Foundation of Sport and Exercise Psychology		3	45	30	75
T4703	401230804	Dissertation		3	75	0	75
New	New	Introduction to School Psychology		3	45	30	75
Minor Courses (Choose Any One from the Following Courses)							
T1664	401230808	Mental Health in India	Community Mental Health	3	45	30	75
T2274	401230809	Performance Management System	Human Resource Management	3	45	30	75
Total Required Credits				3	45	30	75
Research Project							
T4806	0206220810	Research Project		6	150	0	150
Grand Total				21	415	110	525
(Honours with Research)							
Major Courses							
TH4369	0401230801	Ethics and Legalities in Mental Health		2	30	20	50
TH4534	401230802	Practical for Facets in Mental Health		1	25	0	25
Major Courses (Choose Any One from the following Courses)							
TH4220		Foundation for Sport and Exercise Psychology		3	45	30	75
New	New	Introduction to School		3	45	30	75

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Catalogue Course Code	Course Code	Course Title	Major / Minor	Credits	Continuous Assessment Marks	Term End Examination Marks	Total Marks
		Psychology					
Total Required Credits				3	45	30	75
Minor Courses (Choose Any One from the Following Courses)							
T1664	401230808	Mental Health in India	Community Mental Health	3	45	30	75
T2274	401230809	Performance Management System	Human Resource Management	3	45	30	75
Total Required Credits				3	45	30	75
Research Project							
T2812	0206220811	Research Project		12	300	0	300
Grand Total				21	445	80	525
Note: Total Credits at the end of Fourth year 161 (Major 82, Minor 32, Multidisciplinary 9, Ability Enhancement Courses 8, Skill Enhancement Courses 9, Summer Internship 4, Research Project 12, Common Value-Added Courses 7).							



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SUMMARY

Semester	100% Continuous Assessment Credits	Term End (University) Examination Credits	Total Credits	Total Marks
1	4	17	21	525
2	6	15	21	525
3	6	16	22	550
4	3	16	19	475
5	5	15	20	500
6	5	15	20	500
Total	29	94	123	3075
Honours				
7	1	19	20	500
8	10	10	20	500
Total	40	123	163	4075
Honours with Research				
7	1	19	20	500
8	13	7	20	500
Total	43	120	163	4075



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Annexure B

List of Multidisciplinary Courses

S. No.	Catalogue Course Code	Course Code			Course Title	Credit
		Semester 1	Semester 2	Semester 3		
1	T3757	0401260110	0401260210	0401260311	Applications of Spreadsheets in Business Statistics	3
2	T1454	0401260111	0401260211	0401260312	Constitutional Law I	3
3	T2119	0401260112	0401260212	0401260313	Consumer Behavior and Insights	3
4	T4776	0401260113	0401260213	0401260314	Dancercise	3
5	T3499	0401260114	0401260214	0401260315	Data Analysis Using Python	3
6	TH4541	0401260115	0401260215	0401260316	Data Analytics in Sports	3
7	T5787	0401260116	0401260216	0401260317	Digital Design Tools - Visual Media	3
8	TH4539	0401260117	0401260217	0401260318	Fitness and Sports	3
9	T2467	0401260118	0401260218	0401260319	Fundamentals of Brand Management	3
10	T3754	0401260119	0401260219	0401260320	Fundamentals of Cloud Computing	3
11	TE7456	0401260120	0401260220	0401260321	Fundamentals of Cyber Security	3

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12	TM2055	0401260121	0401260221	040126032 2	Fundamentals of Marketing Research	3
13	THM6023	0401260122	0401260222	040126032 3	Games of Uncertainty	3
14	T4729	0401260123	0401260223	040126032 4	Intellectual Property Rights	3
15	T1471	0401260124	0401260224	040126032 5	Law of Contracts	3
16	TE7680	0401260125	0401260225	040126032 6	Mathematics-I	3
17	T5953	0401260126	0401260226	040126032 7	Public Relations and Corporate Communication	3
18	T2489	0401260127	0401260227	040126032 8	Renewable Energy Sources	3
19	TH4540	0401260128	0401260228	040126032 9	Self Defence	3
20	TE7223	0401260129	0401260229	040126033 0	Smart Urban Planning	3
21	T2701	0401260130	0401260230	040126033 1	Social Entrepreneurship	3
22	T3741	0401260131	0401260231	040126033 2	Web Development using CMS	3
23	TH4538	0401260132	0401260232	040126033 3	Weight Training and Conditioning	3
24	TH4537	0401260133	0401260233	040126033 4	Well for Life	3
25	THM6037	0401260134	0401260234	040126033 5	Statistics of Nature	3
26	T6767	0401260136	0401260236	040126033 6	Public Policy in India	3
27	T6769	0401260137	0401260237	040126033 7	India's Foreign Policy	3

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28	TE7689	0401260138	0401260238	0401260338	Statistics and Probability	3
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